FLEET FEET Sports

Rev It UP! Fitness

Starts Thursday March 4th!

A new way of living… A better way of feeling!

Get Ready for Summer!

Rev It Up!

Rev It Up! is a 7-week program taught by a registered dietitian that helps you understand why your body works the way it does and how to help it work more efficiently. It is not another fad diet or pre-packaged food plan. Rev it Up! is a practical, interactive instruction class designed to help you achieve a more efficient metabolism and a healthy, balanced life. It's the guidance you have been looking for to help you create a plan that is right for you.
Right for your body and right for your lifestyle.

Thursdays @ 7:00 p.m. Starting March 4th

Fleet Feet Sports
2722 Carl T. Jones Dr., Suite 2B, Huntsville, AL 35802 / 256-650-7063

$90*
*Includes your personal copy of the 275 page book with built-in maintenance log, and Rev It Up! tote bag

Don't just DIET. Change your life! You owe it to yourself and your body.

To register, email Cheryl@fleetfeethuntsville.com
and provide your name, phone number and email address or sign up at Fleet Feet Sports.
Payment is due on or before first meeting March 4th.

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